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FOR IMMEDIATE RELEASE:

2ND ANNUAL DARLING DASH FAMILY FUN RUN 5K DATE SET



October 2011 – **Devard Darling**, Austin High alum turned NFL player is bringing a 5k family fun run/walk to Sugar Land, 8am, Sunday, February 26, 2012 at the Sweet Water Country Club. It's called the **Darling Dash 5k & 1k** and it's a fundraiser benefiting the **As One Foundation**, which Darling started in honor of his late twin brother, Devaughn, to help young people *unlock and unleash their full potential through athletics, education and spiritual enrichment*.

Participants can still take advantage of discounted rates until by February 15, 2012 by registering online at <http://asonefoundation.org/the-darling-dash/>. Donors can sign up online as well. On February 15, 2012 prices go from \$25 to \$30 for adults and from \$10 to \$15 for children 12 and under. Registration forms and payments, made out to the **As One Foundation**, can be mailed to 6725 South Fry Road, Suite 700 #296; Katy, TX 77494. Race fees are tax deductible.

In addition to run/walk participants, donors, sponsors and volunteers may sign up online or by emailing Tomia Austin at Tomia@AsOneFoundation.org or by phoning, 832-308-9984. This event is open to runners & walkers of all levels. The public is invited to visit the www.AsOneFoundation.org website often for updates on celebrity and NFL players participants.

Last year special guest participants included: the **Olympian Lopez Family**, **Eric Coleman**, **Darrius Heyward-Bey**, **Travis Johnson**, **Milton Wynn** and **Santana Dotson** who were on hand for photos and autographs.

The **Darling Dash** commemorates the annual anniversary of the death of Darling's identical twin, Devaughn, who died during spring football practice at FSU in 2001. Both twins carry the sickle cell trait, which alone is no real threat to the 8% of Americans born with it annually. But, coupled with physical rigor and lack of hydration, could be fatal – as it was for Devaughn. Themed **“Celebrating the Heart of Devaughn Darling”**, **Darling Dash** revenue will help fund the **As One Foundation's** scholarship fun as well as efforts to prevent future deaths of young athletes by promoting sickle cell trait awareness.

“Houston has been my home since I was a little boy,” said Darling. “Helping young people brings me joy and I know in my heart this is what Devaughn would want. We're looking forward to building on the tremendous event we had for the first time last year.”

The **As One Foundation** takes its name from the fact that the doctor had been hearing two hearts beating **As One** while their mother carried them unaware she was having twins until their birth. Devard lives on to fulfill his and his brother's shared dream to play professional football and to give back to both their homes – Houston, Texas and their native Bahamas. This dream of giving back was made official when the **As One Foundation** was established in 2007 as a public charity that annually provides scholarships to FBISD high school seniors through the **Devard & Devaughn Darling Scholarship Awards** and brings the twins' love of football to children of the Bahamas every summer through the **Devard & Devaughn Darling Football Camps**.

For more information on the **As One Foundation** or the **Darling Dash 5k**, phone 832-308-9984, email Tomia@AsOneFoundation.org or visit www.AsOneFoundation.org.

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