



2 0 1 5
V O L U N T E E R
G U I D E



T A B L E O F C O N T E N T S

Event Information	1
Darling Dash History	2
Volunteer Needs	3
Volunteer Duties	4
Equipment Checklist	5
Driving Directions	6
Parking	6
Arrival and Check-In	7
Course Map	8
Raceway Layout	9



E V E N T I N F O R M A T I O N

Thank you for volunteering for the 2015 Darling Dash 5k/1k Run/Walk supporting As One Foundation's Operation Hydration! Volunteer participation and support is crucial to the success of these event. Please read this Volunteer Guide in it's entirety and let our Volunteer Coordinator know if you have any questions or concerns.

RACE DATE:

Sunday, February 22, 2015

SCHEDULE:

8:00 a.m. 5k Race Begins
9:00 a.m. 1k Race Begins
9:30 a.m. Awards Ceremony Begins

LOCATION:

Constellation Field/Skeeters Ball Park
1 Stadium Drive
Sugar Land, Texas 77498

CONTACT INFORMATION:

Kelly-Ann Clarke
Volunteer Coordinator
(832) 567-0324
kclarke@asonefoundation.org

Tomia Austin
Race Director
(914) 625-8712
tomia@asonefoundation.org

Georgia Keating
Logistics Coordinator
(404) 516-5441
georgia@asonefoundation.org



H I S T O R Y

Thank you so much for giving of your time to make the Darling Dash a success. Your efforts will help the As One Foundation realize its dreams of providing a meaningful annual event to honor Devaughn and accomplish its mission: *to educate and increase awareness of sickle cell trait while encouraging youth to achieve their dreams in the face of life's challenges*

To begin the story of the Darling Dash, you must rewind several decades to the very beginnings of the Darling Twins. Because the boys' hearts beat with one rhythm, the birth of two little Darlings instead of one was a surprise to everyone involved! Born in the Bahamas, Devard and Devaughn moved to the United States and learned football as teenagers. Their talent blossomed and both went on to play football at the college football giant, Florida State University.

On February, 26, 2001, at spring practice, 18 year old Devaughn lost his life due to exhaustion. This undoubtedly changed Devard's life; however, Devard turned his grief into a passion to fulfill their shared dream of playing professional football. Devard made it to the NFL and, in memory of his brother, founded the As One Foundation to help youth achieve their goals.

The As One Foundation's philanthropic efforts have touched the Baltimore, Kansas City, Houston and Nassau and Freeport, Bahamas areas. The Foundation provides scholarships to Fort Bend area high schools and brings Devaughn and Devard's love of football to children of the Bahamas.

"Celebrating the heart of Devaughn Darling", the Darling Dash will increase public awareness about Sickle Cell trait. Alone, Sickle Cell trait is not a threat, but coupled with physical rigor and lack of hydration, it can be fatal-- and was to Devaughn. Marking the anniversary of Devaughn's death, the Darling Dash 5k run/ walk will:

- ♥ Commemorate the life of the late Devaughn Darling
- ♥ Raise funds for the As One Foundation's prevention and scholarship programs
- ♥ Increase public awareness about Sickle Cell
- ♥ Promote physical activity.

Through the work of the Foundation, the hearts of Devard and Devaughn continue to beat As One.



V O L U N T E E R N E E D S

Station	Volunteers Needed	Shift Time(s)
Course Set Up		6:30 a.m. - 9 a.m.
Registration		6:30 a.m. - 9 a.m.
Mile Split Readers		6:30 a.m. - 9 a.m.
Water Stations		6:30 a.m. - 9 a.m.
Medical Area		6:30 a.m. - 9 a.m.
Awards		9 a.m. - 12 p.m.
Post Race Refreshment		9 a.m. - 12 p.m.
General Floaters		6:30 a.m. - 9 a.m. 9 a.m. - 12 p.m.
Course Marshal		6:30 a.m. - 9 a.m.
Clean Up		9 a.m. - 12 p.m.
Kid Zone		6:30 a.m. - 9 a.m. 9 a.m. - 12 p.m.
Cheering Stations		7:30 a.m. - 10 a.m.



V O L U N T E E R D U T I E S

Course Set Up

Shift Time: 6:30 a.m. - 9 a.m.

Work with Race Director to set up the race course including setting up starting/finish line, directional signs and cones.

Registration

Shift Time: 6:30 a.m. - 9 a.m.

Coordinate race packet pick-up, confirm releases for those under 18, help guide runners to start of the race, runners between registration and starting line/race director.

Mile Split Readers

Shift Time: 6:30 a.m. - 9 a.m.

Stand at each mile marker, keep runners on course, assist runners with any needs, cheer on runners.

Water Stations

Shift Time: 6:30 a.m. - 9 a.m.

Provide water to racers and encourage them as they run/walk.

Medical Area

Shift Time: 6:30 a.m. - 9 a.m.

Provide assistance as needed to medical team and/or injured runners.

Awards

Shift Time: 9 a.m. - 12 p.m.

Work with timers/scorers, assist in posting results, tabulating and presenting awards.

Post-Race Refreshment

Shift Time: 9 a.m. - 12 p.m.

Help direct runners to post-race refreshment area, provide post-race customer service.

General Floaters

Shift Times: 6:30 a.m. - 9 a.m. or 9 a.m. - 12 p.m.

Provide assistance as needed (such as assisting race director, timers, VIPs, kids area, press or serving as information/problem solving central).

Clean up

Shift Time: 9 a.m. - 12 p.m.

Cleaning up race site and break down race. Make sure everything is returned to appropriate places. Position requires an outgoing personality and a great attitude!

Course Marshals

Shift Time: 6:30 a.m. - 9 a.m.

Maintain traffic flow at cross streets on course.

Cheering Stations

Shift Time: 7:30 a.m. - 10 a.m.

When you are finished your main duties - please cheer on our runners- especially when they are coming into the finish line! Position requires an outgoing personality and a great attitude!



E Q U I P M E N T C H E C K L I S T

(Volunteers do not need to provide the equipment just check that you have everything)

COURSE SET UP

- Truck
- Cones
- Tables
- Starting line tape
- Starting line/Finish Line Tent
- Race location/directional signs

WATER STATIONS

- Water
- Cups
- Table
- Garbage bags
- Trash cans
- Gloves

REGISTRATION

- 2 Tables
- Signs
- Printed Registration list
- Registration packets
- Pens
- Pencils
- Cash box/change
- Pins
- Tent

AWARDS

- Table
- Awards
- As One Foundation Banner
- Microphone w/ speakers

CLEAN UP

- Garbage bags

COURSE MARSHALS

- Walkie-talkie

MILES SPLIT READERS

- Signs for Mile Markers



W H A T T O E X P E C T

DIRECTIONS :

From Downtown Houston:

- Hwy 59 South to Sugar Land
- Exit Hwy 90
- Follow Hwy 90
- Turn RIGHT on Hwy 6
- The first entrance to Lot B is 3/10ths of a mile from Hwy 90. There is NOT a light at this entrance but there will be a parking sign.
- If you miss this entrance, the main entrance is 3/10ths of a mile further. Turn RIGHT at the traffic light onto Imperial Blvd. Make the first RIGHT after the turn into the participant parking lot.

From Missouri City:

- North on Hwy
- The first entrance to Lot B is 3/10ths of a mile from Hwy 90. There is NOT a light at this entrance but there will be a parking sign.
- If you miss this entrance, the main entrance is 3/10ths of a mile further. Turn RIGHT at the traffic light onto Imperial Blvd. Make the first RIGHT after the turn into the participant parking lot.

From Katy:

- South on Hwy 6
- Turn LEFT at the light at Imperial Blvd.
- Make the first RIGHT after the turn into the participant parking lot.

PARKING :

Participant parking will be in Lot B. There are two entrances for Lot B, both off of Hwy 6. From Hwy 59 head north on Hwy 6. Cross over Hwy 90. The first entrance to Lot B is 3/10th of a mile from Hwy 90. There is NOT a light at this entrance but there will be a parking sign. If you miss this entrance, the main entrance is 3/10th of a mile further. Turn RIGHT at the traffic light onto Imperial Blvd. Make the first RIGHT after the turn into the participant parking lot. After parking, walk across bridge to the stadium and race area.

NOTE: ONLY HWY 6 ENTRANCE WILL BE OPEN TO CARS— ALL OTHER ENTRANCES WILL BE CLOSED.



W H A T T O E X P E C T

ARRIVAL AND CHECK-IN:

Check-In

Please arrive at the Volunteer Check-In area, **15 minutes prior to the start of your shift**. List of assignments will be at Volunteer Check-In. We have over 100 volunteers, so please be patient while we organize!

Pre-Race Meeting

We will meet 15 minutes before the start of your shift to go over duties, location and familiarize everyone with the course and logistics.

Cell Phones

Volunteers should have a cell phone with them on Race Day for communication during the race.

Second Shift (9 a.m. - 12 p.m.)

If you are working the Second Shift or arriving later, please check in at the Volunteer Check-In area.

Volunteer T-Shirts

You will need to change into your bright-colored volunteer shirt, so please come scantily clad (but not indecent) or able to change. There are bathrooms in the stadium. We purchased shirts for those who signed up on-line and provided us with their shirt sizes by the 15th of February. We could not guarantee shirts to anyone else so that we could order in time. We may have additional shirts, but we may not.

Contacts

Kelly-Ann Clarke
Volunteer Coordinator
(832) 567-0324
kclarke@asonefoundation.org

Tomia Austin
Race Director
(914) 625-8712
tomia@asonefoundation.org

Georgia Keating
Logistics Coordinator
(404) 516-5441
georgia@asonefoundation.org

See you Sunday . . . before Starbuck's is open!

C O U R S E M A P S





R A C E W A Y L A Y O U T
